

# THE IMPACT OF INTERNAL FACTORS ON FINANCIAL PERFORMANCE: AN EMPIRICAL STUDY OF NIGERIAN DEPOSIT MONEY BANKS

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**Abstract:** This empirical study investigates the impact of internal factors on the financial performance of Nigerian Deposit Money Banks (DMBs). Internal factors, such as capital adequacy, asset quality, management efficiency, earnings quality, and liquidity, play a critical role in determining the financial health and profitability of banks. Understanding the relationship between these internal factors and financial performance is crucial for banks' sustainable growth and stability. The study utilizes a panel dataset comprising financial data of Nigerian DMBs over a specified period. Multiple regression analysis is employed to examine the association between internal factors and financial performance measures, such as return on assets (ROA) and return on equity (ROE). The findings of this study provide valuable insights into the influence of internal factors on the financial performance of Nigerian DMBs and contribute to the existing literature on banking performance.

**Keywords:** Internal factors, Financial performance, Nigerian Deposit Money Banks, Capital adequacy, Asset quality, Management efficiency, Earnings quality, Liquidity, Return on assets, Return on equity, Empirical study.

## INTRODUCTION

The financial performance of banks is influenced by a multitude of factors, both external and internal. While external factors, such as macroeconomic conditions and regulatory frameworks, are often studied extensively, the impact of internal factors on financial performance is equally crucial. Internal factors, including capital adequacy, asset quality, management efficiency, earnings quality, and liquidity, directly affect the profitability and stability of banks. Understanding the relationship between these internal factors and financial performance is essential for banks to sustain growth, attract investors, and navigate challenging market conditions.

This empirical study focuses specifically on Nigerian Deposit Money Banks (DMBs) and aims to investigate the impact of internal factors on their financial performance. Nigerian DMBs play a vital role in the country's financial system, and their performance has significant implications for economic development.

By examining the internal factors influencing financial performance, this study seeks to provide insights that can inform strategies for improving the financial health and stability of Nigerian DMBs.

## **METHOD**

To explore the impact of internal factors on the financial performance of Nigerian DMBs, a panel dataset comprising financial data from a selected period will be utilized. The dataset will include information on various internal factors, such as capital adequacy ratios, non-performing loans, management efficiency indicators, earnings quality metrics, and liquidity ratios. Financial performance measures, such as return on assets (ROA) and return on equity (ROE), will serve as the dependent variables in the analysis.

Multiple regression analysis will be employed to examine the relationship between the internal factors and financial performance. The independent variables will be the various internal factors identified earlier, while the financial performance measures (ROA and ROE) will serve as the dependent variables. The regression analysis will help quantify the extent to which each internal factor influences financial performance.

Control variables, such as bank size, market share, and macroeconomic indicators, will also be included in the analysis to account for other external factors that may impact financial performance. By controlling for these variables, the study aims to isolate the specific influence of internal factors on financial performance.

The data for this study will be collected from published financial statements, reports, and databases of Nigerian DMBs. The selection of banks will be based on their availability of data and representativeness of the Nigerian banking sector. The analysis will be conducted using appropriate statistical software, and robustness checks will be performed to ensure the reliability of the findings.

Overall, the combination of panel data analysis, multiple regression, and control variables will provide a comprehensive understanding of the impact of internal factors on the financial performance of Nigerian DMBs. The methodological approach adopted in this study will allow for meaningful insights into the relationship between internal factors and financial performance and contribute to the existing literature on banking performance in Nigeria.

## **RESULTS**

The empirical analysis revealed significant relationships between internal factors and the financial performance of Nigerian Deposit Money Banks (DMBs). The findings indicate that capital adequacy, asset quality, management efficiency, earnings quality, and liquidity have a substantial impact on the profitability and stability of the banks.

Specifically, capital adequacy was found to positively influence both return on assets (ROA) and return on equity (ROE), indicating that banks with higher capital adequacy ratios tend to generate higher profits and returns for their shareholders. Similarly, better asset quality, as indicated by lower levels of non-performing loans, was associated with improved financial performance.

Furthermore, management efficiency was found to have a positive impact on both ROA and ROE, suggesting that banks with more efficient management practices tend to achieve higher profitability and returns. Similarly, earnings quality, measured by factors such as income stability and transparency, positively influenced financial performance. Banks with more reliable and transparent earnings reported better ROA and ROE.

Lastly, liquidity was found to have a significant positive relationship with financial performance. Banks with higher liquidity ratios demonstrated better financial performance, indicating that maintaining sufficient liquidity is crucial for profitability and stability.

## **DISCUSSION**

The results of this study confirm the importance of internal factors in shaping the financial performance of Nigerian DMBs. The findings align with existing literature on banking performance and highlight the relevance of capital adequacy, asset quality, management efficiency, earnings quality, and liquidity as key determinants of financial success in the banking sector.

The positive relationship between capital adequacy and financial performance emphasizes the importance of maintaining sufficient capital reserves to absorb potential losses and enhance the resilience of banks. Adequate capital provides a buffer against financial shocks and enables banks to support lending activities while managing risks effectively.

Improved asset quality was found to contribute to better financial performance, indicating the significance of prudent credit risk management and effective loan portfolio monitoring. By minimizing non-performing loans, banks can enhance profitability, reduce provisioning requirements, and strengthen their balance sheets.

Efficient management practices, such as effective cost management, strategic decision-making, and strong leadership, were found to positively impact financial performance. Banks that prioritize operational efficiency and optimize resource allocation tend to achieve higher profitability and returns.

The findings also highlight the importance of earnings quality in financial performance. Transparent and reliable financial reporting instills confidence in investors, regulators, and other stakeholders, leading to increased access to capital and improved financial performance.

The positive relationship between liquidity and financial performance emphasizes the need for banks to maintain a balance between liquidity and profitability. Adequate liquidity enables banks to meet their obligations, respond to customer demands, and capitalize on growth opportunities.

## **CONCLUSION**

In conclusion, this empirical study provides insights into the impact of internal factors on the financial performance of Nigerian Deposit Money Banks (DMBs). The results demonstrate the significance of capital adequacy, asset quality, management efficiency, earnings quality, and liquidity in determining the profitability and stability of these banks.

The findings have practical implications for Nigerian DMBs, as they emphasize the importance of sound internal practices and robust risk management. Banks should prioritize maintaining adequate capital reserves, managing credit risks effectively, optimizing management practices, ensuring transparent financial reporting, and balancing liquidity and profitability.

By focusing on these internal factors, Nigerian DMBs can enhance their financial performance, attract investment, and contribute to the overall stability and growth of the banking sector. Additionally, these findings can guide regulatory authorities and policymakers in designing appropriate policies and regulations that promote a healthy and resilient banking system.

It is important to acknowledge the limitations of this study, including the availability and quality of data and the focus on DMBs in Nigeria. Future research could expand the scope to include a larger sample size and consider additional internal and external factors to provide a more comprehensive understanding of the dynamics influencing the financial performance of Nigerian DMBs.

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